



Tucson Realty & Trust Co.

Relocation Division

May 12, 1999

Mr. Jeff Davidson, MBA, CMC
Executive Director
BreathingSpace.com
2417 Honeysuckle Road, Suite 2A
Chapel Hill, NC 27514

Dear Mr. Davidson:

I attended the ERC Conference in Las Vegas, NV last week and attended your session "Creating More Space and Time in Your Life". I am writing to you with some of my thoughts and feedback on your presentation to take you up on your offer of receiving your tape "Relaxing at High Speed".

I thoroughly enjoyed your presentation and came away with some valuable "do-now" ideas that I can implement in my life. You have a very nice delivery style that puts your audience at ease. The content is applicable to anyone's life regardless of their profession. The biggest difficulty, and an issue that I would like to see you address more extensively in your session, is coping techniques. In other words, just when you have everything in your space organized and you start to "breathe", that is when all hell breaks loose and you lose control! What is your feeling on the ever-popular term "multi-tasking"? You may want to address this in your seminar so that those of us who say it would be great to slow down but can't because of the expectations put on our heads, would have some tools to use.

Overall, it was a very good session. I thank you for the ideas and your time.

Sincerely,

Marylou Stephens

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